



# Your Guide to ESUHSD Learning Options







# EAST SIDE UNION HIGH SCHOOL DISTRICT

Your Path to Graduating High School Starts Here!

- ★ Learning Options programs offer small learning communities, tutors, and additional support.
- ★ Students take ownership of their education.
- ★ *Students are prepared for college (community college and 4-year universities).*
- ★ Students explore career opportunities.
- ★ Many of our students are the first in their families to attend college.
- ★ Credits required for high school graduation range between 200-220.

- ★ Mental Health & Wellness staff are available for each student to engage in social emotional support as needed.
- ★ Most programs have in-person credit recovery options built into the school day.
- ★ Some programs offer similar activities and events that are available in comprehensive schools, including athletics, extracurricular activities, field trips, and prom.
- ★ Students can obtain work permits.
- ★ Free bus pass opportunities for qualifying

students.

- ★ Some programs offer a shortened school day.
- ★ Some programs provide connections to academic and career paths at the community college level
- ★ Earn credit toward graduating by taking SVCTE, Adult Education, and Community College classes

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# WELCOME TO ESUHSD LEARNING OPTIONS!



**East Side Union High School District's Learning Options** is designed to help you graduate high school - that's our commitment to you! Count on us with our full support. From our teachers, counselors, specialist, and mental health & wellness staff, we're here to support you every step of the way.

Enrollment in one of East Side Union High School District Learning

Options can assist you in preparing for college and career. If you choose to do so, you have an accredited high school diploma to attend college after graduating from one of our Learning Options programs. In fact, many of our East Side students are first-generation college students, the first to go to college!

Learning Options provides smaller learning communities to better meet your needs and the time and attention required to help you as an individual. We also offer free tutoring, one-on-one counseling, and Mental Health & Wellness staff for social and emotional well-being if additional support is needed.

At East Side Union High School District, we strive to achieve Equitable Communities for all of our students. What does this mean?

- **ALL** students are **welcomed** as they are
- **strengths** and areas of **growth for all students are known and supported**
- adults **positively respond** to the social-emotional, wellness, and academic needs of every student
- **ALL** students engage with tasks that develop the strategic thinking skills for **full participation** in their local communities and the global society

Apart from academics, most programs offer athletics, extracurricular activities, art, field trips, prom, and so much more. Join one of our Learning Options programs to take the first step in getting your high school diploma! The pathway to success isn't the same for everyone.



# OUR LEARNING OPTIONS SCHOOLS

Find out more information about our schools at  
[esuhsd.org/learningoptions](https://esuhsd.org/learningoptions)

## ACCEL Middle College

3095 Yerba Buena Road  
San Jose, CA 95135  
Phone: (408) 247-7900 x6881  
[accel.esuhsd.org](https://accel.esuhsd.org)

## Apollo High School

1835 Cunningham Avenue  
San Jose, CA 95122  
Phone: (408) 928-5400  
[apollo.esuhsd.org](https://apollo.esuhsd.org)

## Calero High School

420 Calero Avenue  
San Jose, CA 95123  
Phone: (408) 347-7600  
[calero.esuhsd.org](https://calero.esuhsd.org)

## Foothill High School

230 Pala Avenue  
San Jose, CA 95127  
Phone: (408) 928-9100  
[foothill.esuhsd.org](https://foothill.esuhsd.org)

## Home Hospital

Department of Student Services  
Phone: (408) 347-5331  
[independentstudies.esuhsd.org](https://independentstudies.esuhsd.org)

## Independent Study Program

Phone: (408) 347-5240  
[independentstudies.esuhsd.org](https://independentstudies.esuhsd.org)

## Pegasus High School

617 N. Jackson Avenue  
San Jose, CA 95133  
Phone: (408) 928-9597  
[pegasus.esuhsd.org](https://pegasus.esuhsd.org)

## Phoenix High School

6150 Snell Ave.  
San Jose, CA 95123  
Phone: (408) 347-6291  
[phoenix.esuhsd.org](https://phoenix.esuhsd.org)

*"Even though I was behind on credits, I was allowed to attend SVCTE to support my career path to be a vet tech."* -Daniela T.

*"I was given the opportunity to fix my mistakes."* - Christian R.

*"This program allowed me to recover credits and finish the A-G requirements which gave me the opportunity to apply to a university."* - Stefany M.

*"I was part of the Learning Options program for three years. I can say without a doubt, I would recommend it to any struggling student. It was the best decision of my life and has helped me improve academically, mentally, and physically. Due to its accommodations, I was able to create my own schedule, be in a low stress environment, get the one-on-one help I needed – and I was able to graduate on time."* -Shayla D.

*"ACCEL Middle College is an extremely beneficial program for students who want to get a head start on college classes. I love getting to choose what classes to take, who my professors are, and what days I have those classes."* -Amanda

*"My daughter was in the Independent Study Program for the last three years of high school. She struggled during her freshman year attending regular classes due to her anxiety and panic disorder. She was very fortunate to have an excellent teacher. I truly believe that if it was not for ISP, my daughter would have not been able to graduate from high school. I highly recommend ISP to students who are struggling and unable to succeed in a regular, traditional high school."*

-Heidi P., parent

# GRADUATE PROFILE

East Side graduates are prepared for college and career, powered with a plan and ready to thrive in a global society.  
**ESUHSD** graduates are:



## **COMMUNICATORS**

Present and consider ideas using a variety of communication methods and technology appropriate to the audience and task.



## **CRITICAL THINKERS – PROBLEM SOLVERS**

Develop and propose solutions to current and future challenges through a process of inquiry, analysis and inference.



## **COLLABORATORS**

Work effectively with others to build knowledge and create solutions & products.



## **CREATORS**

Formulate new ideas, individual responses and develop plans of action when faced with a task or problem.



## **COMMUNITY MEMBERS**

Identify issues, seek out information, and gather perspectives to respond to challenges affecting our community.



## **POWERED WITH A PLAN**

Students graduate with a plan to take the next step toward success in their path of study and career.



# HIGH SCHOOL GRADUATION REQUIREMENTS

Graduate with 200-220 credits depending on your school's requirements.

Subject	Requirement	Credits
English	Students must pass: <ul style="list-style-type: none"> <li>4 years of English</li> </ul>	40
Social Science	Students must pass: <ul style="list-style-type: none"> <li>1 year of World History</li> <li>1 year of United States History</li> <li>1 semester of Economics</li> <li>1 semester of American Government</li> </ul>	30
Mathematics	Students must pass: <ul style="list-style-type: none"> <li>CCSS Math 1</li> <li>CCSS Math 2 (or higher level courses)</li> </ul>	20
Science	Students must pass: <ul style="list-style-type: none"> <li>1 year of physical and 1 year of biological college prep lab science</li> </ul>	20
Fine Arts or Foreign Language	Students must pass: <ul style="list-style-type: none"> <li>1-year course in Fine Arts or Foreign Language</li> </ul>	10
Physical Education	Students must pass: <ul style="list-style-type: none"> <li>2 years of Physical Education (1 year must be taken in grade 9)</li> </ul>	20
Electives	Students must pass elective courses chosen in the following areas: Art, Business, Home Economics Careers and Technology, English, Foreign Language, Math, Music, Industrial Technology Education, P.E., Reading, Science, Social Science, Safety Education, and Work Experience/SVCTE/ROP.	80
<b>Total Credits Required for Graduation</b>		<b>220</b>

At each grade level:

- ★ Parents and students should check **class selections**
- ★ Parents and students should review semester **report cards** and if your student has failed any courses, explore summer school options (contact school counselor)
- ★ Parents and students should **review credit status** to ensure the student is on track and taking the necessary courses for graduation
- ★ Learn about **free tutoring** or help that's available if your child is struggling in any subject area
- ★ In-person credit recovery options built into the school day
- ★ For the **200 credit graduation requirements** everything is the same except students are **not required to take Physical Education (P.E.)** if they have already taken P.E. the credits will be considered electives

Learning Options vary in credit requirements for graduation.

# ACCEL MIDDLE COLLEGE

<b>Learn About the Program</b>	ACCEL Middle College is a cooperative program between East Side Union High School District and San Jose/Evergreen Valley Community College, located at Evergreen Valley College. Student receive high school and college credit, which enables them to complete their high school education while experiencing college early.	
<b>We're Here to Help You Graduate</b>	Cohort of 60 students 30 (11th) and 30 (12th), gain college and high school credits simultaneously. All classes, including high school courses, are held on the Evergreen Valley College campus.	
<b>Graduation Requirements</b>	220 credits are needed to graduate with a high school diploma.	
<b>What You'll Need to Enroll</b>	<ul style="list-style-type: none"> <li>• Be ready for a rigorous academic program. Believe you can thrive in a small, supportive school located on a college campus.</li> <li>• Be a rising Juniors with at least 80-90 credits and rising with at least 140-150 credits by January.</li> <li>• Have a good attendance record and a 2.0 GPA or higher.</li> <li>• Complete Algebra I/Integrated Math I and be currently enrolled in Geometry or higher.</li> <li>• Be currently enrolled in Biology, Chemistry and Physics.</li> <li>• Sophomores who are currently enrolled in English 2, juniors who are currently enrolled in English 3</li> </ul>	
<b>How Do You Enroll?</b>	<p>Enrollment occurs in February.</p> <ul style="list-style-type: none"> <li>• ACCEL Information Night held in February. Date and time shared out district wide.</li> <li>• ACCEL applications due end of February.</li> </ul>	
<b>Contact</b>	Lauren Drescher drescherl@esuhsd.org (408) 274-7900 ext 6881	Kathleen Leal lealk@esuhsd.org (408) 223-6771





# APOLLO HIGH SCHOOL

<b>Learn About the Program</b>	Apollo High School provides a small learning community where students receive personal support towards academic success. We enroll students who need credit recovery and are interested in working hard for an on-time graduation.
<b>We're Here to Help You Graduate</b>	<ul style="list-style-type: none"> <li>• Students earn credits every six weeks</li> <li>• Small class sizes</li> <li>• Individual educational plan</li> <li>• Study hall</li> <li>• Tutoring</li> <li>• Variable credits</li> <li>• Teacher office hours</li> <li>• Homeroom cohorts</li> <li>• Parent conferences every six weeks</li> </ul>
<b>Graduation Requirements</b>	When student completes the 200 credit graduation requirements.
<b>What You'll Need to Enroll</b>	<ul style="list-style-type: none"> <li>• Be entering 11th or 12th grade</li> <li>• Be looking to recover credits</li> <li>• Be looking for a flexible school schedule in order to meet the unique demands you may have in life (parenting, working, court-impacted, etc)</li> <li>• Desire to go to college or vocational/trade school</li> </ul>
<b>How Do You Enroll?</b>	<ul style="list-style-type: none"> <li>• Meet with the counselor or assistant principal at your current East Side Union HSD school to request a referral OR complete an online interest form at <b>apollo.esuhdsd.org</b></li> <li>• Attend an intake and orientation meeting.</li> </ul>
<b>Contact</b>	brantl@esuhdsd.org (408) 928-5419



# CALERO HIGH SCHOOL

<b>Learn About the Program</b>	Calero High School's mission is to support students to recover credits, help them build success habits, and plan for a successful future. Calero is a Learning Options school of choice targeting students who have not found success at a large comprehensive high school. We offer small learning environments, a staff mentor for all three years in students' advisory class, and a credit recovery class using the Cyber High program.
<b>We're Here to Help You Graduate</b>	<p>Our school has fewer than 300 students, small learning environment, each student is provided a personal computer, all students have an advisory class that focuses on social emotional learning curriculum with a teacher mentor.</p> <p>Our students believe that a smaller learning environment will assist them in developing habits that will allow them to engage in learning, and obtain and recover credits for graduation and prepare for college and/or career.</p>
<b>Graduation Requirements</b>	220 credits are needed to graduate with a high school diploma; A-G curriculum for university eligibility is recommended to all students.
<b>What You'll Need to Enroll</b>	<ul style="list-style-type: none"><li>• Be a rising 10th, 11th or 12th grade student</li><li>• Be committed to recover credits online</li><li>• Be committed to the 3 R's respect, responsibility and results.</li></ul>
<b>How Do You Enroll?</b>	<p>Submit an application at <a href="http://calero.esuhsd.org">calero.esuhsd.org</a></p> <p>All applicants will receive a response.</p>
<b>Contact</b>	<p>Cyndie Meagher <a href="mailto:meagherc@esuhsd.org">meagherc@esuhsd.org</a></p>





# FOOTHILL HIGH SCHOOL

<b>Learn About the Program</b>	<p>Foothill High School serves a special mission for the district. Our mission is to provide a safe and caring environment where students achieve the academic, personal and social development required to continue learning, pursue post-secondary education, compete in a dynamic job market, and participate in a diverse, democratic society. We accept those who have not accepted or feel that school has not accepted them.</p> <p>We involve those who would not or could not be involved with school. We educate those who are most often thought of as uneducable..</p>	
<b>We're Here to Help You Graduate</b>	<ul style="list-style-type: none"> <li>• Be entering 11th or 12th grade</li> <li>• Be looking to recover credits</li> <li>• Be looking for a flexible school schedule in order to meet the unique demands you may have in life (parenting, working, court-impacted, etc)</li> <li>• Desire to go to college or begin a career</li> </ul>	
<b>Graduation Requirements</b>	<p>When student completes the 200 credit graduation requirements.</p>	
<b>What You'll Need to Enroll</b>	<p>Students must have the necessary documentation and be credit deficient.</p>	
<b>How Do You Enroll?</b>	<ul style="list-style-type: none"> <li>• Meet with the counselor or assistant principal at your current East Side Union HSD school to request a referral OR complete an online interest form at <a href="http://foothill.esuhsd.org">foothill.esuhsd.org</a></li> <li>• Attend an intake &amp; orientation meeting.</li> <li>• Once contacted by our staff, students attend the enrollment night.</li> </ul>	
<b>Contact</b>	<p>Irene Bourbour bourbouri@esuhsd.org</p>	<p>Elizabeth Cabrera cabrerae@esuhsd.org</p>



# PHOENIX HIGH SCHOOL

<b>Learn About the Program</b>	Phoenix High School students RISE! Firebirds are responsible, inquisitive, socially adept, and educationally well-rounded. Are you interested in joining a small school community (4 teachers, 80 students), where staff are caring, motivating, and want to see you succeed? If you are in need of catching up on credits and discovering what you'd like to do after high school, Phoenix may be the place for you!
<b>We're Here to Help You Graduate</b>	Phoenix High School supports rising juniors with 90 or less credits (by June '21) and seniors with 150 or less credits (by June '21). You are a rising junior if you are currently in the 10th grade. You are a rising senior if you are currently in the 11th grade. Phoenix students can catch up on credits by going to 4 classes daily, through the completion of CAR Packets, and have the options to also attend Cyber High, SVCTE, Community College, and Adult School at the same time. Students earn credits every six weeks.
<b>Graduation Requirements</b>	When student completes the 200 credit graduation requirements.
<b>What You'll Need to Enroll</b>	<ul style="list-style-type: none"> <li>• Be entering 11th or 12th grade</li> <li>• Be looking to recover credits</li> <li>• Be looking for a flexible school schedule in order to meet the unique demands you may have in life (parenting, working, court-impacted, etc)</li> <li>• Desire to go to college or begin a career</li> <li>• Be committed to R.I.S.E (Responsible, Inquisitive, Socially Adept, and Educationally Sound)</li> </ul>
<b>How Do You Enroll?</b>	<p>Meet with the counselor or assistant principal at your current East Side Union HSD school to request a referral <b>OR</b> Complete an online interest form at <a href="http://phoenix.esuhsd.org">phoenix.esuhsd.org</a></p> <ol style="list-style-type: none"> <li>1. Attend an outreach night ideally together with a parent/guardian</li> <li>2. Attend an intake meeting</li> <li>3. Attend orientation</li> </ol>
<b>Contact</b>	<p>Mirna Perales  peralesm@esuhsd.org  (408) 347-6291</p>





# PEGASUS HIGH SCHOOL

<b>Learn About the Program</b>	Pegasus High School changes the place and face of success for students who have struggled to find a community and a sense of purpose in the comprehensive high school settings. We provide a structured approach to becoming a student and confident learner who can create a plan for success in and beyond high school. We are also a place where students take ownership of their education and learn what options they have to discover and explore their career and college opportunities.
<b>We're Here to Help You Graduate</b>	We are designed to support juniors and seniors who are down credits and who need more support and guidance in a smaller setting. We serve students who can learn to work independently on their recovery credits and work with their homeroom teacher to create a graduation plan and work towards it. Students earn credits every six weeks.
<b>Graduation Requirements</b>	When student completes the 200 credit graduation requirements.
<b>What You'll Need to Enroll</b>	<ul style="list-style-type: none"><li>• Be entering 11th or 12th grade</li><li>• Be looking to recover credits</li><li>• Be looking for a flexible school schedule in order to meet the unique demands you may have in life (parenting, working, court-impacted, etc)</li><li>• Desire to go to college or begin a career</li></ul>
<b>How Do You Enroll?</b>	Meet with the counselor or assistant principal at your current East Side Union HSD school to request a referral <b>OR</b> complete an online interest form at <a href="https://pegasus.esuhsd.org">pegasus.esuhsd.org</a>  Attend an intake and orientation meeting
<b>Contact</b>	Garnicaa@esuhsd.org (408) 928-5442



# INDEPENDENT STUDY

<b>Learn About the Program</b>	Our Independent Study Program (ISP) is a learning option available to 9th - 12th grade students throughout the district, seeking a different approach to instruction that allows for students to study at their own pace within the limits of attendance and course credit requirements.
<b>We're Here to Help You Graduate</b>	Students are assigned course contracts based on the required coursework needed to earn a high school diploma. Assigned work is completed by the student at home and during the scheduled time with their assigned teacher of record. Students meet with their teacher for one hour per week to complete work and receive instructional support.
<b>Graduation Requirements</b>	The same as the students home school, as the home school issues the diploma.
<b>What You'll Need to Enroll</b>	<ul style="list-style-type: none"> <li>• Desire a flexible schedule</li> <li>• Be able to work independently</li> <li>• Be committed to attending weekly sessions with your teacher</li> </ul>
<b>How Do You Enroll?</b>	<ul style="list-style-type: none"> <li>• A referral from a school counselor or administrator to the ISP Coordinator</li> </ul> <p>Applications will be reviewed, and if ISP is appropriate, the student will be contacted by an ISP teacher.</p>
<b>Contact</b>	Jenner Perez perezj@esuhsd.org (408) 347-5240

# HOME HOSPITAL

<b>Learn About the Program</b>	Home Hospital is a short-term program designed for students experiencing diagnosed short-term physical or mental impairments. Our mental health and physical health staff work collaboratively with a student's community-based physical or mental health doctor to develop an instructional program that meets the needs of the student. From modified schedules to providing instruction in a hospital or at the student's home.
<b>We're Here to Help You Graduate</b>	Since home hospital is a short-term program, students are still enrolled in their primary school site. With Home Hospital, the student is receiving the same instruction as in-person class lessons.
<b>Graduation Requirements</b>	The same as the students home school, as the home school issues the diploma.
<b>What You'll Need to Enroll</b>	<p>Complete and submit a Home &amp; Hospital Application to <a href="mailto:Studentservices@esuhsd.org">Studentservices@esuhsd.org</a> or bring it to 830 N. Capitol Ave., San Jose, CA 95133.</p> <p>A member of our team will follow up to confirm eligibility for the program.</p>
<b>How Do You Enroll?</b>	An application completed by the family and the student's community-based physician or mental health provider must be submitted. Applications are assessed by the district's mental and physical health staff to ensure that a student meets the criteria for the program.
<b>Contact</b>	Department of Student Services <a href="mailto:studentservices@esuhsd.org">studentservices@esuhsd.org</a> (408) 347-5331

# SUPPORT GOOD STUDY HABITS & ADDITIONAL TIPS



## Support Good Study Habits

- Set a regular time for study each day
- Designate a quiet, well-lit area as your child's studying zone
- Limit distractions: No cell phone, video games, internet surfing or television
- Getting a good night's sleep and eat a healthy breakfast

## Additional Tips

- Discuss your child's college goals with counselors and teachers
- Fill out school lunch forms; this might help you obtain fee waivers for SAT and ACT exams
- Meet with teachers and counselors every year
- Help your student start a college information folder
- Visit colleges and make sure that you understand the admissions criteria and application process. Some colleges have virtual tours online
- Have your child sign up for a free account at [www.collegeboard.org](http://www.collegeboard.org)
- Make sure your child creates an appropriate email address that will be used for communication to colleges, possible summer jobs and internships
- Remind your child that entries on Facebook and other social networking sites are accessible to college admissions officers
- Attend high school Open Houses, Coffee with the Principal and information sessions

## Resources

- Community Involvement Specialist
- Mental Health & Wellness Staff
- Counselors
- Care Solace: Mental health coordination services
- Say Something Anonymous Reporting System
- Cyber High for credit recovery



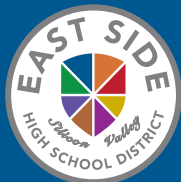
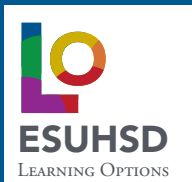


## VISION

Each student graduates prepared for college and career empowered to transform their lives and thrive in a global society.

## MISSION

We align decisions to create safe, dynamic and relevant learning environments that inspire critical thinking, problem solving and innovation.



### EAST SIDE UNION HIGH SCHOOL DISTRICT

830 N. Capitol Avenue, San Jose, CA 95133  
(408) 347-5000

[esuhsd.org](http://esuhsd.org)

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